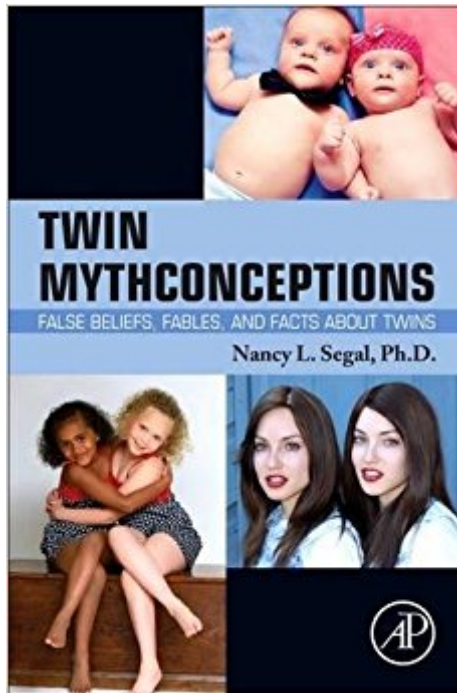




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# Twin Mythconceptions: False Beliefs, Fables, And Facts About Twins



## Synopsis

*Twin Mythconceptions: False Beliefs, Fables, and Facts about Twins* sheds new light on over 70 commonly held ideas and beliefs about the origins and development of identical and fraternal twins. Using the latest scientific findings from psychology, psychiatry, biology, and education, the book separates fact from fiction. Each idea about twins is described, followed by both a short answer about the truth, and then a longer, more detailed explanation. Coverage includes embryology of twins, twin types, intellectual growth, personality traits, sexual orientation of twins, marital relationships, epigenetic analyses, and more. Five appendices cover selected topics in greater depth, such as the frequency of different twin types and the varieties of polar body twin pairs. This book will inform and entertain behavioral and life science researchers, health professionals, twins, parents of twins, and anyone interested in the fascinating topic of twins. Identifies common misunderstandings about twins Provides scientific answers to questions about twins Encompasses the biology, psychology, genetics, and personality of twins Includes discussion of identical, fraternal same-sex, and fraternal opposite-sex twins Allows for quick answers to common questions and more detailed explanations

## Book Information

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## Customer Reviews

"For those interested in twins and how they have contributed so much to our knowledge of the human condition, I would thoroughly recommend this latest authoritative but eminently readable contribution by Nancy Segal, one of the leading twin researchers of our time (and, of course, a twin

herself)." --Twin Research and Human Genetics "In this gem of a book Nancy Segal has amassed a fascinating collection of accounts about twins and the mythconceptions people have about them. She has shown again that she is the world's leading expert on twins and has written a book that will be of interest to researchers and the public alike" --Tony Vernon, Professor, Department of Psychology, University of Western Ontario "People are fascinated by twins - they provideÃ Æ an incredibly important resource for scientists trying to disentangle nature from nurture in the causes of disease and behavioral differences between individuals.Ã Æ Nancy Segal gives us the latest scientific evidence in a rigorous, but engaging and eminently readable style. A must for twins, researchers, and anyone with a curiosity about the human condition." --Nick Martin, Editor, Twin Research and Human Genetics, Queensland Institute of Medical Research "Do you have a question about multiple births (twinning)? If so, Twin Mythconceptions is the book for you. Written in clear prose and thoroughly documented, it will be indispensable to both the professional community and general public for a long time to come. I thought I knew a lot about twins until I read this book, but now I know how little I knew. Five stars for Segal!" --Thomas J. Bouchard, Jr., Ph.D., Professor Emeritus, University of Minnesota, Department of Psychology Ã¢â¬ÅEverything youÃ¢â¬Åve always wanted to know about twins - and lots more that you may never have thought to ask. As a mother of identical twins, I found SegalÃ¢â¬Ås book to be simultaneously authoritative and accessible - a remarkably engaging overview of one of humanityÃ¢â¬Ås most persistently fascinating biological relationships.&#x94; --Letty Cottin Pogrebin, Author Pogrebin, Author "Twin Mythconceptions is not Nancy SegalÃ¢â¬Ås first book about twins and twin research, but it is very possibly her best and most comprehensive one. The title might be a bit misleading: the most important part of the book is not about false beliefs but about numerous and diverse facts about twins and twin studies.Ã Æ For those interested in twins and how they have contributed so much to our knowledge of the human condition, I would thoroughly recommend this latest authoritative but eminently readable contribution by Nancy Segal, one of the leading twin researchers of our time (and, of course, a twin herself). - Dorret I. Boomsma, Netherlands Twin Register, Vrije Universiteit, Amsterdam, the Netherlands. Published in the journal Twin Research and Human Genetics. Complete review hereÃ Æ <https://doi.org/10.1017/thg.2017.2>

Dr. Nancy L. Segal received a B.A. degree in psychology and literature from Boston University (1973), and M.A. (1974) and Ph.D. (1982) degrees in the Social Sciences and Behavioral Sciences from the University of Chicago. She is currently Professor of Psychology at California State University, Fullerton and Director of the Twin Studies Center. She has authored over 200 scientific

articles and book chapters, as well as several books on twins. Dr. Segal has received several international awards, including the James Shields Award for Lifetime Contributions to Twin Research (International Society for Twin Studies) and the International Making a Difference Award (Multiple Births Canada). She is also the 2016 recipient of the Wang Family Excellence Award from California State University. Dr. Segal has contributed to national and international media, including the New York Times and the Washington Post. She has been a frequent guest on national and international television and radio programs, such as the Today Show, Good Morning America, the Martha Stewart Show, the Oprah Winfrey Show and The Forum (BBC).

Great book and I recommend it

In this fascinating and entertaining book, twin and renowned twin researcher Nancy Segal challenges many myths about twins and in doing so, educates and informs the reader. Cleverly, Segal provides information on all aspects of twins from the cradle to the grave and explains why they have taught us much about human health and behavior. After two chapters topping up our knowledge of twins, each subsequent themed chapter sets up a series of assumptions about twins then discusses whether there is any truth to them. Each discussion is set out in three different formats: *Reality check* (1-2 words), *Short answer* (up to one page), and *More of the story*. Perfect for readers of differing attention spans and levels of interest. Segal reveals that there are many misconceptions (or as she calls them mythconceptions) about twins but surprisingly, a small number are plausible or true. A gem of a read for twins, anyone fascinated in twins, and anyone who's interested in what makes us human.

This is a must read for everyone--scientists, parents, twins and students. It's the fifth book written by the world's expert on twins. The format is unique and so engaging--seventy myths, fables and false beliefs about twins are presented, followed by a short answer and a longer, more detailed explanation as to what is true. A great glossary and supplemental material are provided at the end. Informative photographs and hysterical cartoons really drive the point home.--

Nancy Segal's books are always fascinating and informative. *TWIN MYTHCONCEPTIONS* is no exception, covering a gamut of common beliefs, myths and questions about all aspects of twinship. It is not only very readable, providing short non-technical answers to

common questions about twins, but an authoritative in-depth source of latest findings. A must-have reference source for anyone who wonders about twins, i.e. everyone.

Dr. Segal's extensive scholarly research covers genetic, medical, and sociological issues related to multiples. Her short and long answers to many puzzling twin mythconceptions are beautifully documented and explained. A great resource for individuals interested in a more in-depth understanding about multiple pregnancies, births, DNA related concerns, epigenetic findings, and genetic phenomena associated with twin identity.

Nancy Segal's books are always fascinating and informative. TWIN MYTHCONCEPTIONS is no exception, covering a gamut of common beliefs, myths and questions about all aspects of twinship. It is not only very readable, providing short non-technical answers to common questions about twins, but an authoritative in-depth source of latest findings. A must-have reference source for anyone who wonders about twins, i.e. everyone.

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